

# HOUSING & SUPPORT PLANNING TOOL FOR MARGINALIZED PEOPLE WITH INTELLECTUAL DISABILITIES

This person-centred planning tool aims to support Indigenous, Black, racialized, migrant and 2SLGBTQI+ people with intellectual disabilities think through their needs, aspirations, and dreams when it comes to their housing.

This tool can be used by housing support and other social service workers; family and chosen family members; and individuals themselves, to help plan for safe, affordable housing.

## 1. List the top challenges that you are experiencing in your life.

## 2. List the top 3 things that you would like to see changed in your life, e.g. get a job, more support, better housing, etc.

## 3. What do you think could help you get those things?

**4. In thinking about housing, what part of the city would you like to live in? Why there?**

**5. Within reason, what kind of housing would you like to live in?**

**6. We know money is a big barrier to getting the housing you need and want. Are there other things that stop you from getting the housing you need?**

**I'm not sure what would help**

Explain:

**7. What kinds of supports would you like to have to help you get, and stay in the housing you want?**

**8. With us helping you, what would be the first thing that you would like to do related to housing?**

## **FOLLOW-UP**

After gathering this information, develop a plan for next steps. Based on the wishes people identify, put together a list of potential resources such as local housing programs, income support programs, mental health and addiction services, counselling related to gender-based violence, etc.

When identifying resources that might match the individual's needs, be sure to select trauma-informed services that are sensitive to issues of race, indigeneity, cultural diversity and disability, specifically intellectual disability.

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